

Walk with horses, transform your life

Redtail Farm, in Maple Valley, is hosting an Open House for EquiSpire Coaching from 10:00 AM to 4:00 PM on Saturday, March 21, 2009. Events include demonstrations of Equine Inspired Coaching at 11:00, 1:00 and 3:00. Staff will be on hand to answer your questions about this inspirational work. Admission is free and it is open to the public.

Coaching is a powerfully creative process of self-discovery that accelerates your personal and professional growth. It is about empowering people to live their lives in alignment and integrity with that wise little voice inside – you know the one that we usually ignore and then wish we had listened to? Clients find coaching successful in specific AREAS such as improve the quality of their relationships, establish effective boundaries, increase balance and simplify their lives.

Equine Inspired Coaching, described as “swimming with dolphins on land”, further accelerates your learning process by providing objective, real-time feedback from the horses. They see you for who you are and accept you. This fosters immediate trust and allows you to receive feedback from them that you may not accept from another human. That feedback helps you hone new skills and patterns, integrating them into your life faster and with more confidence.

Humans have long honored the horse as a powerful, spirited creature. Some have seen horses as mystical archetypes and magical souls; all have been inspired by their grace and beauty, captivated by their freedom and spirit, and intoxicated by their speed and power.

Please join us for a day of exploring the possibilities when horses and people come together.

And, please visit our website (www.equispire.net) for more information or call (425)495-6584.